

Cognitive Aging

Precision Aging and Brain Health

SUMMIT IV



National Institute
on Aging



McKNIGHT BRAIN
RESEARCH FOUNDATION
Preserving memory, enhancing life



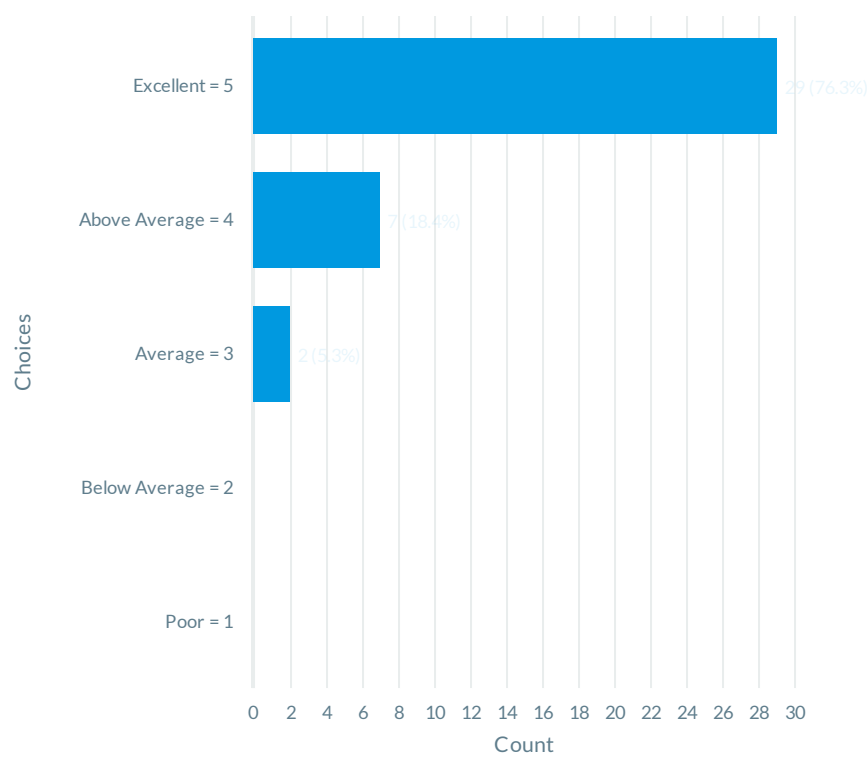
FNIH
Foundation for the
National Institutes of Health

Event Feedback Dashboard

26 April 2024

Post-Event Survey: How would you rate the content of the meeting?

Answer Distribution



Counts by Choice

Choices	Number
Excellent = 5	29 (76.3%)
Above Average = 4	7 (18.4%)
Average = 3	2 (5.3%)
Below Average = 2	0 (0%)
Poor = 1	0 (0%)
Totals	38

Total Responded

38

Post-Event Survey: Thank you for your feedback. What factors contributed to your score?

Answer Details

The talks in each session were well thought out and fit together. I really loved the content of the last session.

The variety of research presented and the quality of the research.

The topics were all high priority and the presentations included state of the science findings and novel methods.

The content of this meeting was markedly improved over past cognitive aging meetings from this group and meetings across other venues. There was a notable absence of "just so" conceptual frameworks that are poorly operationalized and not grounded in established biology/physiology/neurology or psychology to constrain and guide future work. The elevation of these frameworks over the past 10-15 years has led to an "emperor has no clothes" feeling among established and emerging researchers. Stifling the energy in the room to engage in discussion about testing ideas and extending work across areas of specialization. It was refreshing to discuss work, methods, insights and future directions without having to bend work to conceptualizations that are not falsifiable or even able to be consistently operationalized.

The relevance to my research and the novelty of the topics.

Novelty of studies

Loved the topics

new intervention, particularly those trials that did not find differences between different intervention groups.

The quality and diversity of the research presented

Even as a non-scientist, I found the breadth of topics compelling. The presentations on health disparities were especially thought provoking.

High-level, cutting-edge, and well-paced content - Excellent speakers - Good balance between discussion and talks

It was really helpful when speakers explained specific measure and techniques...its an interdisciplinary group and so some talks were out of the field and the context really helps me follow.

The high rate of female speakers was inspiring and the variety of topics refreshing.

Scientific content was excellent!

Speakers were prepared, well-practiced, and knowledgeable.

translational nature fantastic speakers

Quality and variety of talks

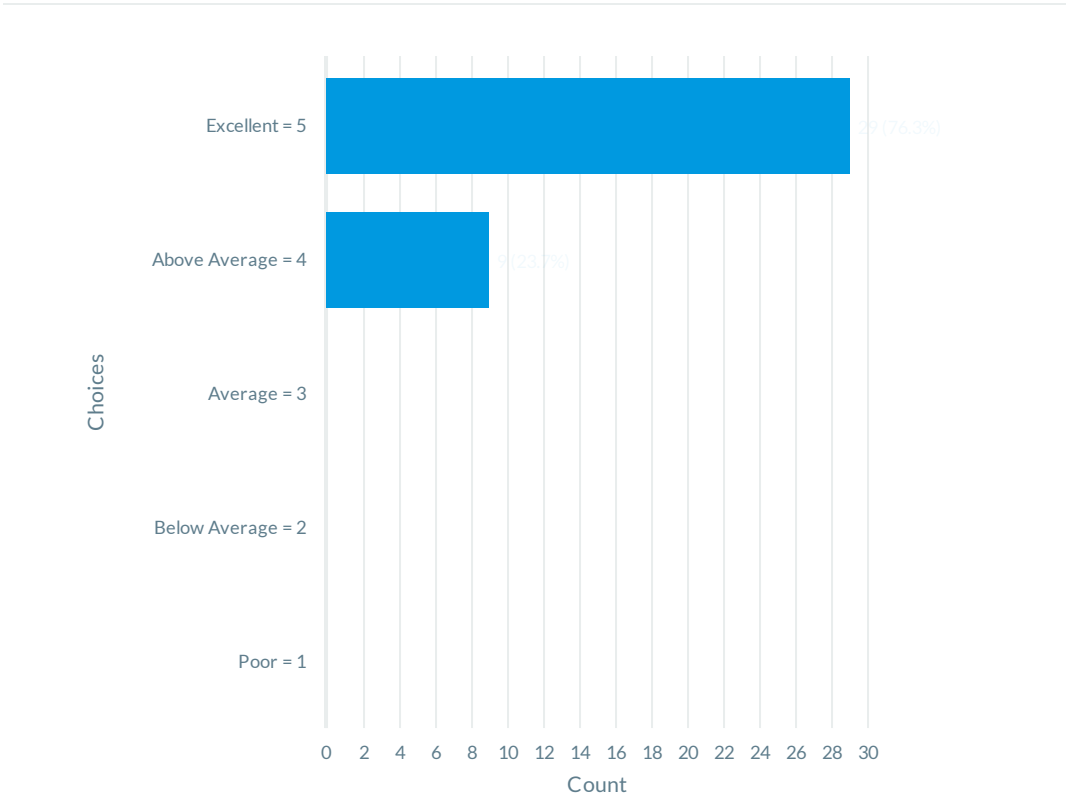
Post-Event Survey: Thank you for your feedback. How can we improve your experience in the future?

Answer Details

The topics were somewhat diverse that spanned several very important topics, though I felt there was not as much emphasis on things that are incredibly important to brain health, like systemic and social factors. Session II did an amazing job at getting at this, but unfortunately, it was the only session where health disparities or even diverse groups were really acknowledged. Yes, other presentations had a slide or a sentence to acknowledge this, but it's not enough. The US is incredibly diverse but the research being done largely reflects a specific demographic. This fact was not really acknowledged as a limitation to where the field of aging research lies.

Post-Event Survey: How would you rate your overall experience at this event?

Answer Distribution



Counts by Choice

Choices	Number
Excellent = 5	29 (76.3%)
Above Average = 4	9 (23.7%)
Average = 3	0 (0%)
Below Average = 2	0 (0%)
Poor = 1	0 (0%)
Totals	38

Total Responded

38

Post-Event Survey: Thank you for your feedback. What factors contributed to your score?

Answer Details

Lots of opportunity for discussion with colleagues.

The event logistics were exceptionally well planned out

lots of provocative talk and questions.

Excellent science, great venue and very good organization

The organization at the event, flow of the agenda, time management, and food provided were very good.

Great sessions and talks. I learned a lot.

Great networking and learning opportunities for those in early career stages.

sessions were organized in sensible groups, everything started on time for the most part, great opportunity to meet those in the same field and ask experts questions

All talks were promptly on time and the discussion section was long enough to allow for really in depth considerations

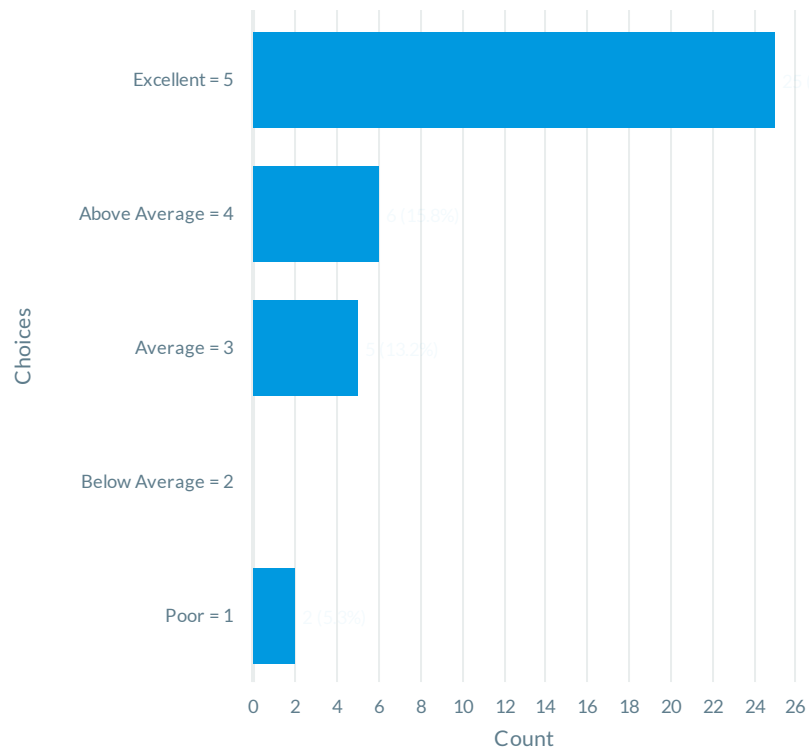
10 Answers

Post-Event Survey: Thank you for your feedback. How can we improve your experience in the future?

There is no data to display.

Post-Event Survey: How would you rate your registration experience utilizing the Cvent platform?

Answer Distribution



Counts by Choice

Choices	Number
Excellent = 5	25 (65.8%)
Above Average = 4	6 (15.8%)
Average = 3	5 (13.2%)
Below Average = 2	0 (0%)
Poor = 1	2 (5.3%)
Totals	38

Total Responded

38

Post-Event Survey: Thank you for your feedback. What factors contributed to your score?

Answer Details

straightforward and easy

continence.

responsiveness of the staff

Hassle-free process for a busy academic. Thanks.

went smoothly

5 Answers

Post-Event Survey: Thank you for your feedback. How can we improve your experience in the future?

Answer Details

The meeting was already full by the time the email notice about registration was released. Luckily I had been checking the website regularly and was able to register prior to the widespread notification. Understandably, capacity for in-person attendance is limited so it would have reached capacity quickly regardless of whether registration was opened at the same time as the email notification. Perhaps it would be helpful to confirm with in-person attendees 1 month prior to the meeting to see if any spots could be opened for people on a waiting list.

I was unable to register when I first received the link to do so, and had an error message saying that I was not eligible to register. I did not receive a response to my email asking for registration help, and had to work with MBRF's ED to register. I never received the info for the hotel room block, and again never received a response to my email asking for help.

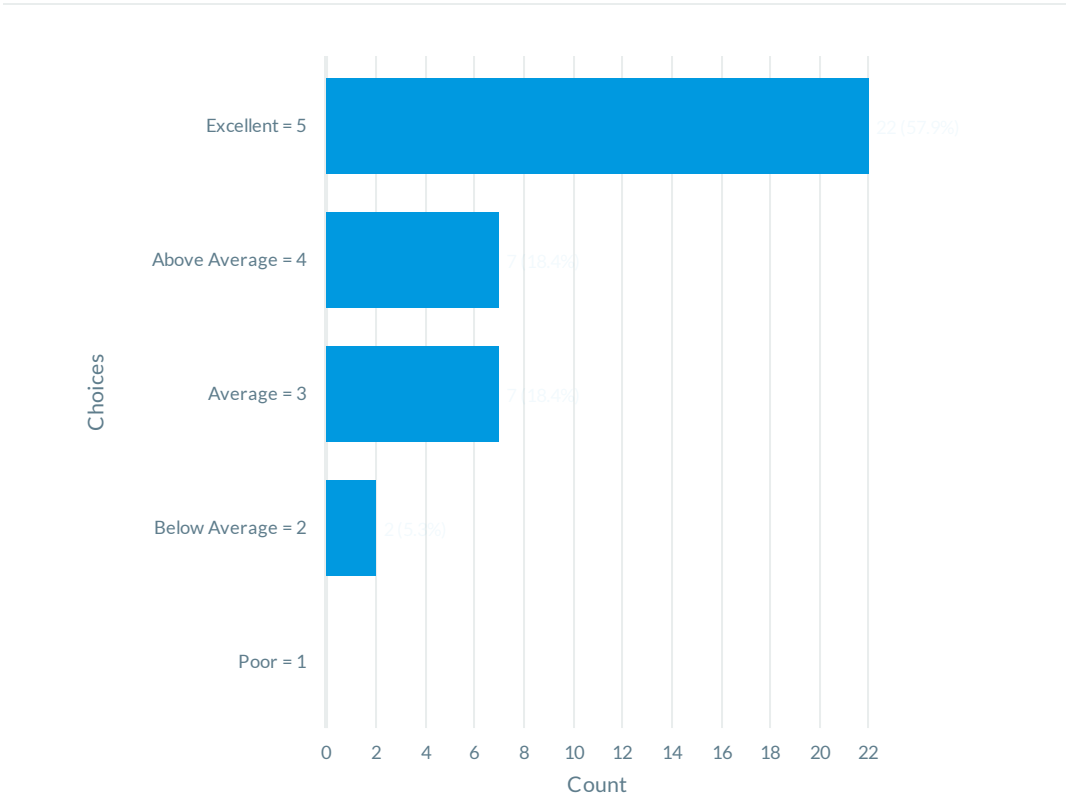
It was initially unclear if the meeting was in-person only vs. the option to have virtual OR in-person. Perhaps this is why the number of in-person attendees seemed low?

I had some issues with booking my travel (I am a speaker) as it wanted me to take a train and I needed an airfare

4 Answers

Post-Event Survey: Was information provided by the FNIH Events team leading up to the event comprehensive and timely?

Answer Distribution



Counts by Choice

Choices	Number
Excellent = 5	22 (57.9%)
Above Average = 4	7 (18.4%)
Average = 3	7 (18.4%)
Below Average = 2	2 (5.3%)
Poor = 1	0 (0%)
Totals	38

Total Responded

38

Post-Event Survey: Thank you for your feedback. What factors contributed to your score?

Answer Details

Early invitation was helpful along with reminders.

Not specific to lead-up, but I lost my badge on the first day and the staff were very helpful in replacing it.

Yes, I appreciated the reminder emails. I didn't have to search through archived emails for the summit agenda.

Yes, this was fantastic

4 Answers

Post-Event Survey: Thank you for your feedback. How can we improve your experience in the future?

Answer Details

I wanted to join the zoom as I had to leave for a flight. I could not figure out how to do that.

I did not receive any emails ahead of the event until the week before.

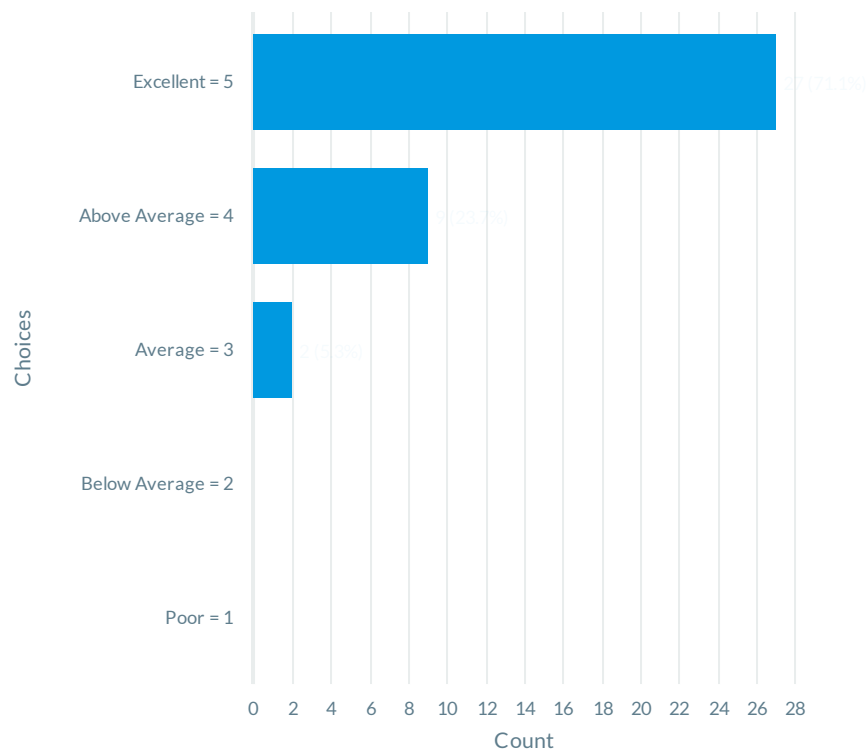
The live stream for day two was not disseminated.

Agenda not released early enough

4 Answers

Post-Event Survey: Event date(s)

Answer Distribution



Counts by Choice

Choices	Number
Excellent = 5	27 (71.1%)
Above Average = 4	9 (23.7%)
Average = 3	2 (5.3%)
Below Average = 2	0 (0%)
Poor = 1	0 (0%)
Totals	38

Total Responded

38

Post-Event Survey: Thank you for your feedback. What factors contributed to your score?

Answer Details

The date would not have been as convenient if the Georgia Tech Cognitive Aging conference had not been canceled.
Perhaps a Thurs-Fri conference may help with travel.
n/a
The time is never right for a conference, but it was set so far in advance that I had plenty of time to book it out.

4 Answers

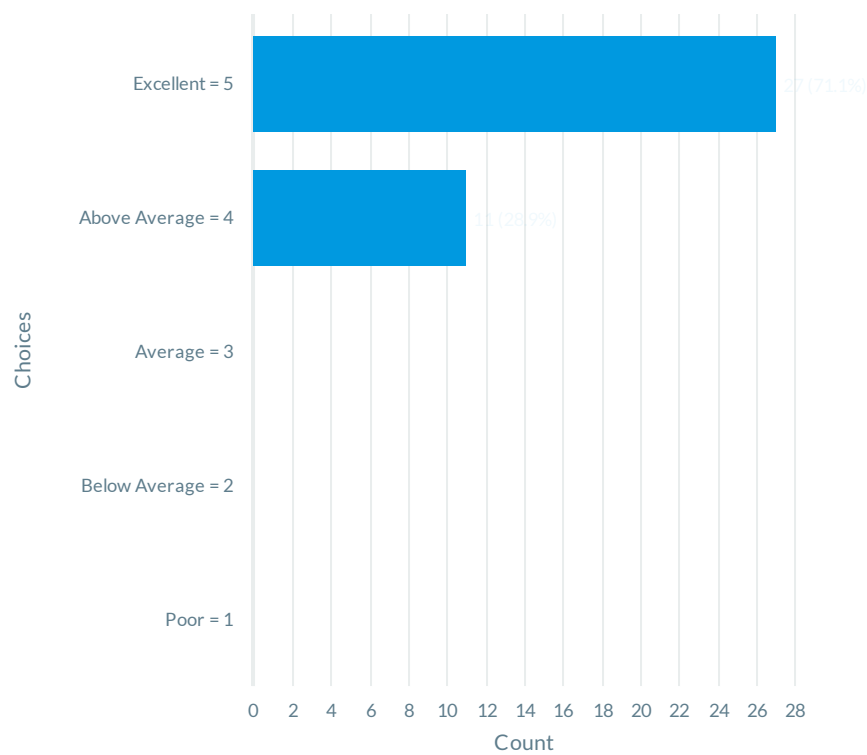
Post-Event Survey: Thank you for your feedback. How can we improve your experience in the future?

Answer Details

There is no data to display.

Post-Event Survey: Structure and timing of the agenda

Answer Distribution



Counts by Choice

Choices	Number
Excellent = 5	27 (71.1%)
Above Average = 4	11 (28.9%)
Average = 3	0 (0%)
Below Average = 2	0 (0%)
Poor = 1	0 (0%)
Totals	38

Total Responded

38

Post-Event Survey: Thank you for your feedback. What factors contributed to your score?

Answer Details

The 20 minute length of the presentations were digestible and the strict schedule kept the meeting moving at a nice pace. The 30 minute Q&A periods were the appropriate length to hear additional commentary and perspectives from the audience without getting too far into the weeds. The 1.5 day length prevented meeting fatigue and was convenient for travel.

The option for livestreaming allowed me to negotiate some conflicts - watching a few presentations - even though I was in-person. I also appreciate the recording so that I can share relevant excerpts with colleagues.

It was a lot of information in such a short time which was great for timing but there was no diversity in the way the information was presented and so it got a little tiring towards the end of day 1

I think that less, more focused talks would be useful. For example, the first session on the blood and systemic environment was very well done...four talks in which some provide strong overviews and other nuanced observation was great. They seem to build off each others work. However, the session on co-morbidities/sleep was disjointed and overly broad, with two talks having noting to do with sleep and one (life course) have not much to do with either sleep or comorbidities. The session on study design and interventions tried to do too much and some presentations really added nothing (Wetherell) and do not seem appropriate in this setting.

Would have appreciated a lunch on day 2 for some networking time on the second day.

10 Answers

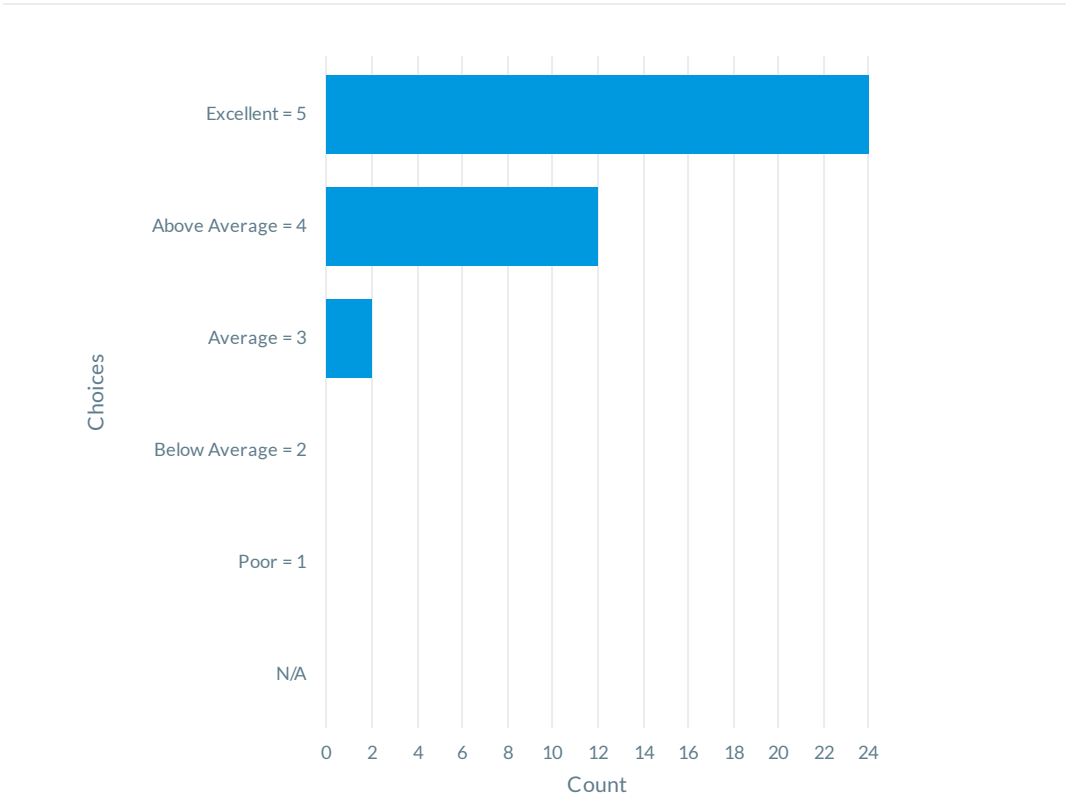
Post-Event Survey: Thank you for your feedback. How can we improve your experience in the future?

Answer Details

There is no data to display.

Post-Event Survey: Venue/Location

Answer Distribution



Counts by Choice

Choices	Number
Excellent = 5	24 (63.2%)
Above Average = 4	12 (31.6%)
Average = 3	2 (5.3%)
Below Average = 2	0 (0%)
Poor = 1	0 (0%)
N/A	0 (0%)
Totals	38

Total Responded

38

Post-Event Survey: Thank you for your feedback. What factors contributed to your score?

Answer Details

The meeting room is attached to a hotel and convenient to public transportation and restaurants. The hotel itself was unremarkable. I greatly appreciated the power outlets at every table.

Parking expensive!

Centrally located for those of us on the east coast.

Great venue and I liked that I could stay at the same location. Close to lots of great restaurants too.

4 Answers

Post-Event Survey: Thank you for your feedback. How can we improve your experience in the future?

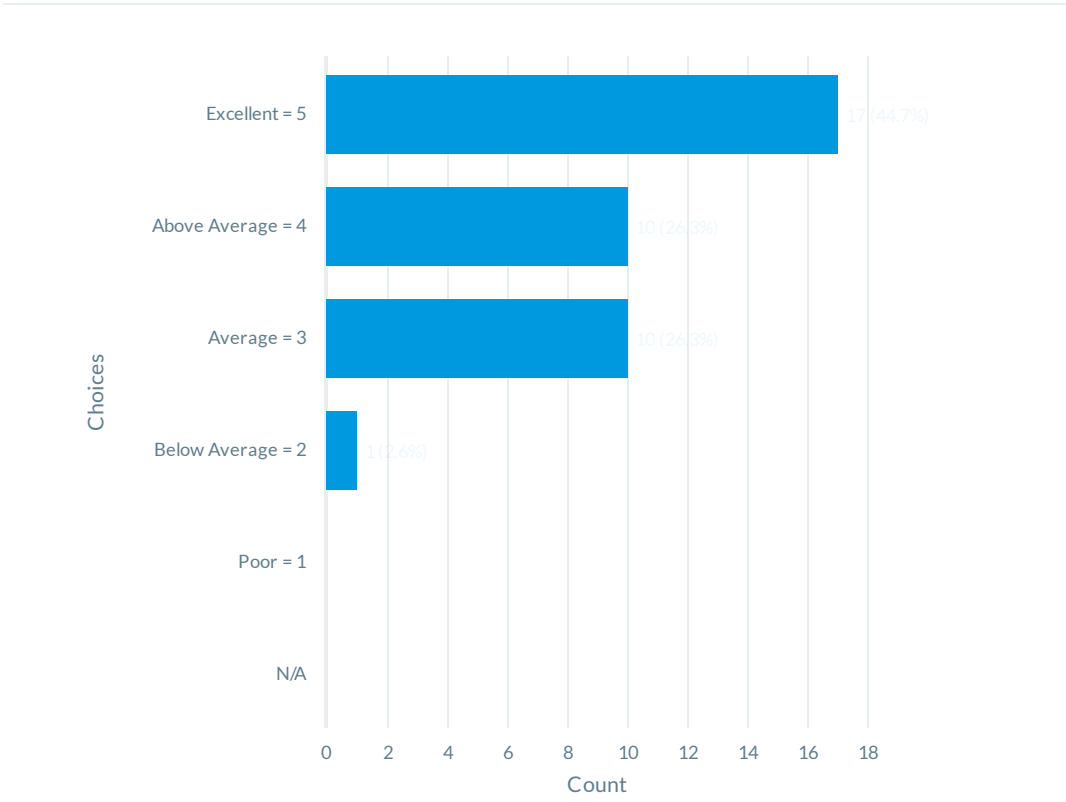
Answer Details

Venue was fine - food was subpar

1 Answers

Post-Event Survey: Food and Beverage

Answer Distribution



Counts by Choice

Choices	Number
Excellent = 5	17 (44.7%)
Above Average = 4	10 (26.3%)
Average = 3	10 (26.3%)
Below Average = 2	1 (2.6%)
Poor = 1	0 (0%)
N/A	0 (0%)
Totals	38

Total Responded

38

Post-Event Survey: Thank you for your feedback. What factors contributed to your score?

Answer Details

Several of the pastries were a bit hard, maybe weren't fresh. But everything else was great!

Thank you so much for all of the food and beverage!

2 Answers

Post-Event Survey: Thank you for your feedback. How can we improve your experience in the future?

Answer Details

The snacks included too many carbs and sugars

Food was tasty but given the scientific findings communicated in the talks, I would have preferred fewer sugary baked goods.

No diabetic/ketogenic friendly snacks at break. All junk food. Veggie platters would have been nice. Also having soda at breaks for non coffee/ drinkers would have been nice.

The food was not great. The falafel & chicken were extremely dry. A bar that has adult/alcoholic beverages would have been nice rather than having to trek to the hotel bar or other restaurant when socializing with colleagues.

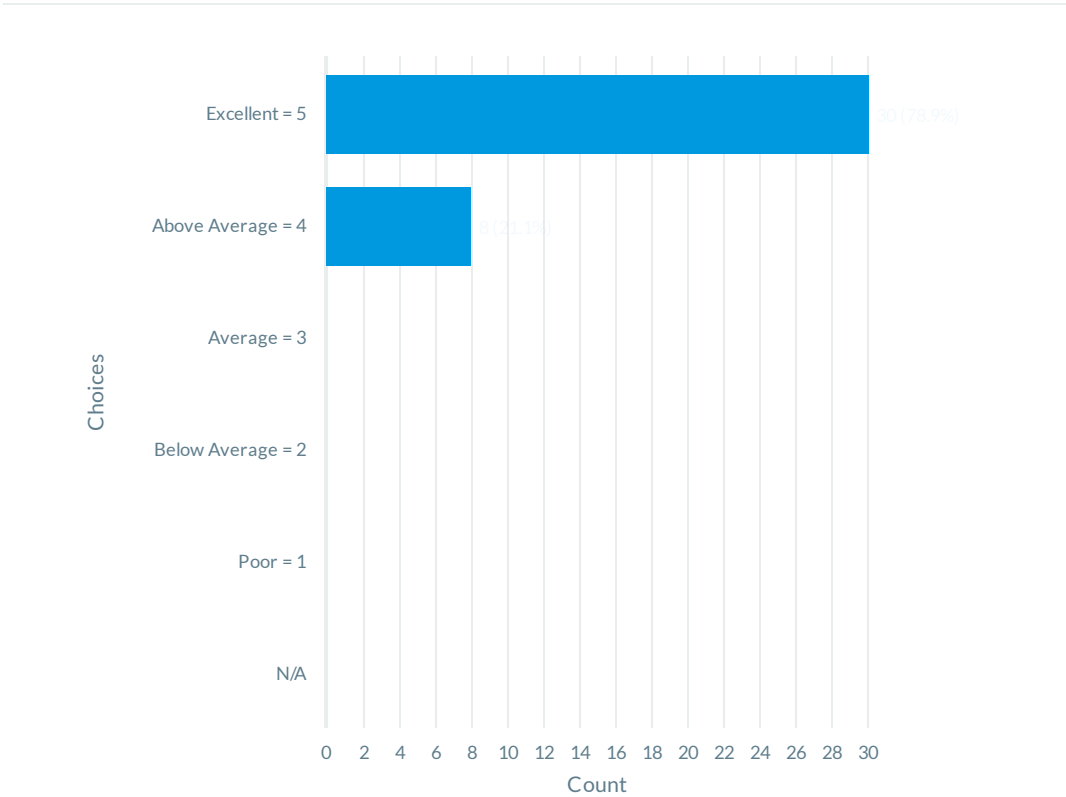
Limited gluten free offerings. Signage not always available. Loved the mock tails

A cash bar for alcohol at the reception is imperative to make sure people stay and mingle.

6 Answers

Post-Event Survey: Audio Visual

Answer Distribution



Counts by Choice

Choices	Number
Excellent = 5	30 (78.9%)
Above Average = 4	8 (21.1%)
Average = 3	0 (0%)
Below Average = 2	0 (0%)
Poor = 1	0 (0%)
N/A	0 (0%)
Totals	38

Total Responded

38

Post-Event Survey: Thank you for your feedback. What factors contributed to your score?

Answer Details

There were no tech issues and I was able to see and hear everything clearly, including audience comments/questions.

Again, great work by the audio-visual/technical team for the seamless slides and speaker transitions

2 Answers

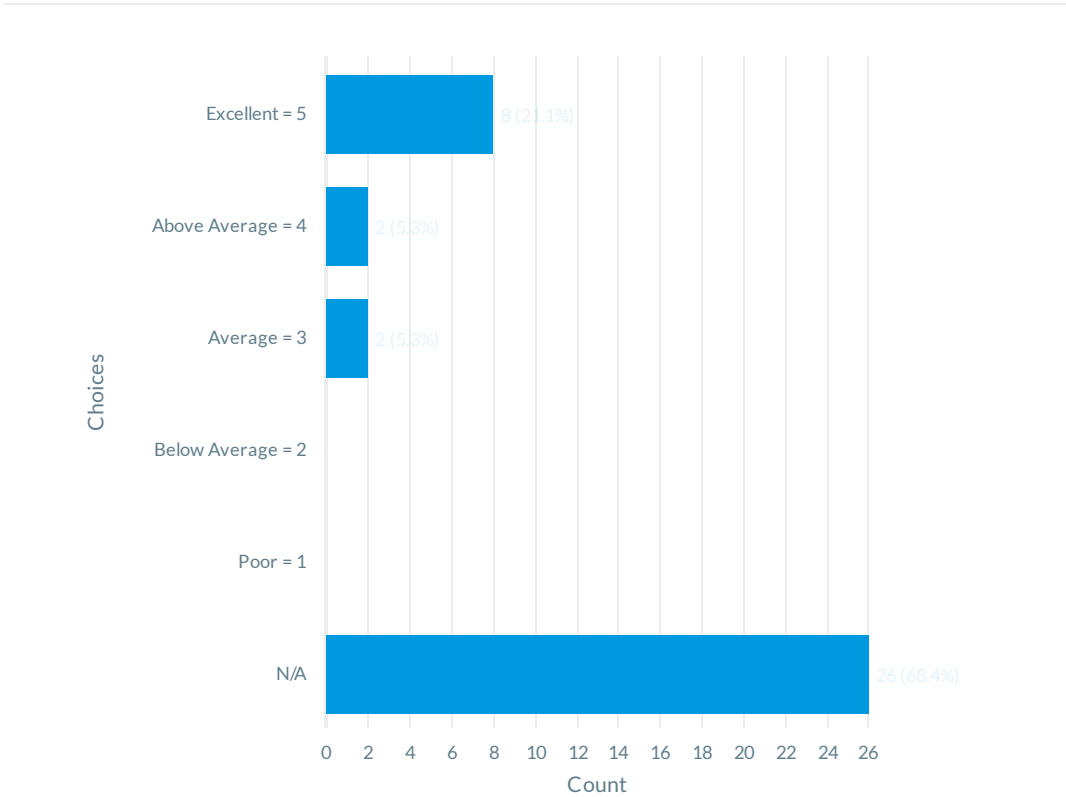
Post-Event Survey: Thank you for your feedback. How can we improve your experience in the future?

Answer Details

There is no data to display.

Post-Event Survey: Virtual event platform (i.e. WebEx, Zoom)

Answer Distribution



Counts by Choice

Choices	Number
Excellent = 5	8 (21.1%)
Above Average = 4	2 (5.3%)
Average = 3	2 (5.3%)
Below Average = 2	0 (0%)
Poor = 1	0 (0%)
N/A	26 (68.4%)
Totals	38

Total Responded

38

Post-Event Survey: Thank you for your feedback. What factors contributed to your score?

Answer Details

There is no data to display.

Post-Event Survey: Thank you for your feedback. How can we improve your experience in the future?

Answer Details

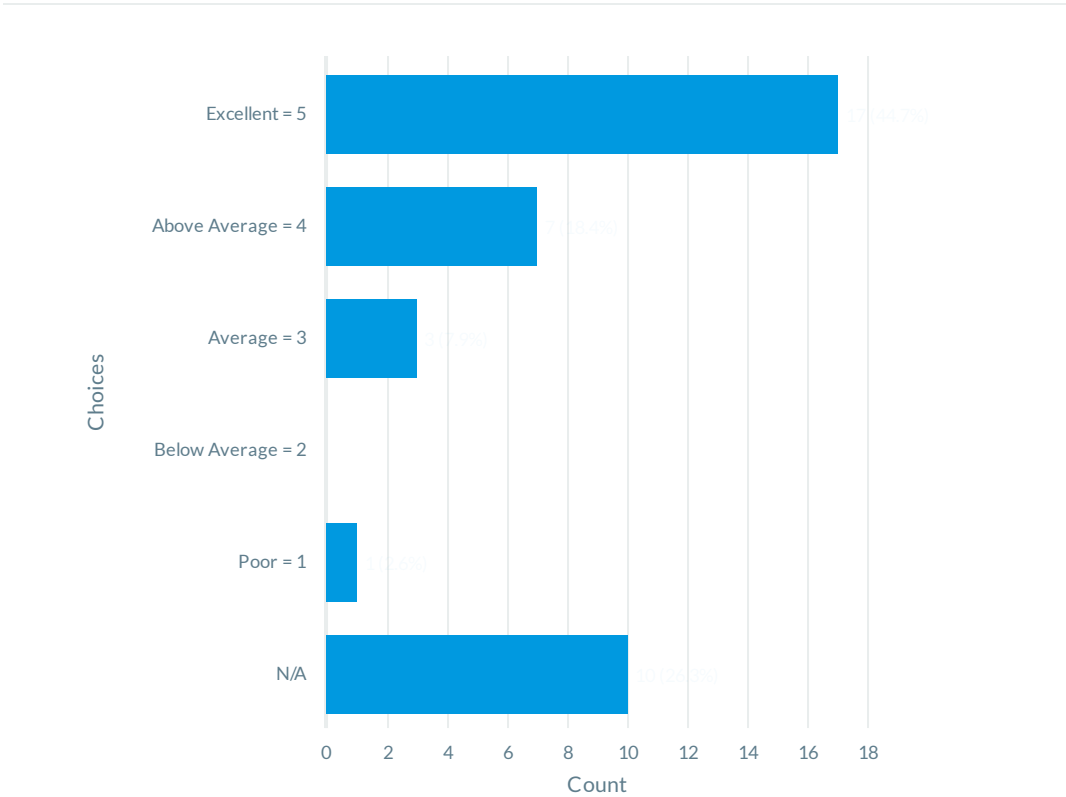
I wanted to join the zoom at the end on my way to airport but couldn't figure out how.

live stream link was not sent out for day 2

2 Answers

Post-Event Survey: How would you rate the hotel reservation process?

Answer Distribution



Counts by Choice

Choices	Number
Excellent = 5	17 (44.7%)
Above Average = 4	7 (18.4%)
Average = 3	3 (7.9%)
Below Average = 2	0 (0%)
Poor = 1	1 (2.6%)
N/A	10 (26.3%)
Totals	38

Total Responded

38

Post-Event Survey: Thank you for your feedback. What factors contributed to your score?

Answer Details

There is no data to display.

Post-Event Survey: Thank you for your feedback. How can we improve your experience in the future?

Answer Details

There is no data to display.

Post-Event Survey: Do you have any other suggestions or comments to help us improve our future events?

Answer Details

I'd consider using the full two days versus 1.5, so the sessions could start a little later in the morning to allow delegates more time for 1-2-1 meetings, discussions, etc. It was good to have the speakers and programme in advance, but if delegates agree, would be good to have their details shared too to support engagement with those not directly presenting.

Continue having these events to integrate multi-disciplinary approaches to brain aging research.

No

This was a great set of events and looking at personalized interventions is important. There was not a lot about personalized interventions based on cognitive strategies or functional brain measures and I think that aspect will be very important.

N/A

No. Was well done.

Perhaps a slightly shorter first day and slightly longer second day? Overall everything was excellent, the talks were great, venue and food were great. It could be nice to have some kind of breakout group meet & greet, where people with similar research interests could meet and talk in smaller groups, potentially leading to some collaborations.

None

No. The event was wonderful!

The waitlist process was a little challenging. We ended up going even though my colleague was on the waitlist. He was able to attend, so we were glad he took the chance.

None.

None

The wifi is a little unstable and the outlets for charging are not abundant (but it was improved in the afternoon of the first day). If these factors could be improved it would be better.

I think Equity wasn't covered. It came during several questions-validated measures for minoritized communities, translation, and conduct of CBPR. I would suggest there be a session or something that is tied to Equity, recruitment, and community-engaged research with minoritized persons.

This was an excellent meeting - great scientific content, excellent networking, and well-run. Great job -I'll be back!

Post-Event Survey: Do you have any other suggestions or comments to help us improve our future events?

Answer Details

Great meeting

Offer continuing education credits.

n/a

No

I did not see a lot of trainees (students, postdoctoral/clinical fellows). Maybe inviting trainees and including some activity for them (career development, poster presentations etc.) will add to the overall experience of the Summit.

Better communication, please!

None

More diverse group and perspectives. Guidance from researchers doing aging research or interventions using community based frameworks or working with diverse groups.

More focused sessions with fewer talks. Avoid studies with null findings...not appropriate in this setting. More on social health...add talks that address the influence of social networks, loneliness, social isolation, sexual activity on Cognitive health. more on social interventions that actually demonstrate efficacy. And more presentations on diverse populations such as Asians, immigrant populations, and Latinos. In particular, studies that address the role of language reversal and cognitive aging and its implication for service access and care giving was oddly missing from the discussion.

Na

see above comments.

N/A

no

I would like to try smaller subgroup discussions. Perhaps an hour of networking by expertise where you can set up stations

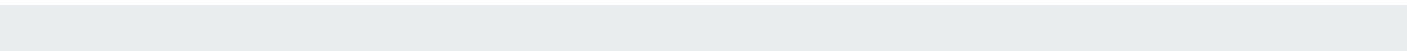
another one soon!

No. Great meeting

Speakers are engaged in future directions/opportunity conversations with program. Would be great to include non-presenter participants in some way

This was a great event. Looking forward to the next one.

Post-Event Survey: Do you have any other suggestions or comments to help us improve our future events?



Answer Details

This was an excellent event. The agenda was too packed and perhaps extend to 2 full days or focus on some aspects in the same time period but focus team around intervention, prevention, translation.

Nothing

None.

38 Answers